

# The Evangel

First United Methodist Church of Gilbert

March 2022



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331 S Cooper Road  
Gilbert, AZ 85233  
480-892-9166

Office Hours:  
Monday-Thursday  
9:00am-4:00pm  
Friday  
by appointment  
only

Attendance  
Feb. 20th

Virtual viewing

Church office will be closed February 21st in observance of President's Day



FIRST UNITED METHODIST CHURCH OF GILBERT



## Limited Opening of Campus

Worship Services

**Limited** includes wearing a mask on campus if not vaccinated,  
You may do virtual check in and  
prayer request from your device If you desire.

Services at 8:30 and 10:00.

Sunday services will be livestreamed on Facebook and You Tube  
at 10:00 am.

Any changes in this schedule will be put in the  
Weekly Enews and the website for the latest news.

ADAM HAMILTON

*Author of Carol, The Walk and The Journey*

# THE LORD'S PRAYER

THE MEANING AND POWER OF  
THE PRAYER JESUS TAUGHT



**The pastor's Lenten study**  
We will be studying Adam Hamilton's  
book The Lord's Prayer.

In The Lord's Prayer: The Meaning and Power  
of the Prayer Jesus Taught, pastor and best-  
selling

author Adam Hamilton guides us to really  
know—and really ... Both Pastor Diamond  
and Pastor Rick will be teaching it.

Pastor Rick will do in person  
and

Pastor Diamond will do the online version  
of the study.

Please Join us as we look in-depth study of  
prayer .

Wednesday nights at 6:30 starting March  
9th.



**Meet our new members. Please welcome them when you see them on campus.**

**Lorraine Cenatiempo** is coming to us from Henderson NV the Green Valley UMC . She is a retired RN , a widow and has grown children. She is involved in health, nutrition , exercise , hiking and watching comedy movies and shows.

**Debra and Alan Sheldon** come to us from Buffalo UMC in Buffalo Minnesota . Debra is retired and Alan works for the JB Group.

**Emily and Daniel Velarde** come to us from Dayspring UMC . Daniel and Emily have been married for 8 years and have Elia Grace who will be baptized on March 20 th and will turn 3 on May 16th. Emily is a stay at home mom and student and Daniel is a Waymo Program Manager.

**Baptism to come on March 20,2022 .....**





As we share what GOD has given us .....  
to Worshipped as the Body of Christ  
together with the  
**Resurrection Episcopal Church**



### Sharing of the blessings God has given us....

A verbal agreement has been made between First Gilbert UMC with Resurrection Episcopal Church to provide worship space for their congregation. On February 13th, we joined together for a special 10:00 am service and welcomed their congregation in a shared worship experience. You were also invited to bring loaves of sliced white or wheat sandwich bread. These will be donated to Paz de Cristo which prepares meals for the needy (they do this on **every** second Sunday). Please be in an attitude of prayer as the discussions, planning continues and changes continue.



## GES Snack Donation

This year our project GES is going to be a year round mission, as the need is great . We have adopted two elementary schools in the Gilbert School District and we supply their snack closet. This is a closet that is used when children come to school Hungry or do not have money for lunch.

### DONATION LIST FOR GILBERT ELEMENTARY SCHOOL



\*\*\*\*All food items must be individually packaged\*\*\*\*

Gatorade

Water

Granola Bars/Breakfast Bars

Pop Tarts

Peanut Butter-filled or Cheese-filled Crackers

Cups of Mac'n Cheese

(just add H2O)

Cheez-Its

Goldfish

Fruit Snacks



**A BIG Thank You from Family Promise!**

Throughout the week of Feb. 6 – 13th our congregation provided 4 families with overnight accommodations, meals and support through our partnership with Family Promise. Church volunteers donated and served dinners, played games with the kids, stayed overnight, set up the rooms, donated gift cards for food, and did loads of laundry! We were so excited when after 2 nights with us, a mom and her 2 young children moved into their own home in Mesa! Another mom commented how nice everyone was at our church and that she'd like to come back to see us at a church service. **A big thank you** to everyone who contributed. FUMC of Gilbert had over 60 volunteers join the effort in February!

Family Promise is a temporary shelter program that provides the resources, safety, and love necessary to help families with children get back to self-sufficiency after becoming homeless. In 2021, 581 children and adults (170 families) in the Phoenix area were rescued from homelessness through this mission. Family Promise changes lives and it is a blessing for us to be a part of God's work in our community. **Stay tuned for our next week with Family Promise, June 12-18, 2022!**



## Make Waves VBS 2022

### Save the date! June 6th- 10th

FUMC of Gilbert will be hosting a fun week of VBS in the mornings of June 6th-10th. This will run from 9am-12 noon Monday through Friday. Our VBS is open to kids entering preschool 3's-6th graders. Registration for this event will open March 1st!

We can't wait to make waves and tons of fun and friends with you all!

We love our 7th graders-adults to volunteer at this fun event as well.

**Please email with any questions and watch for the registration email to come.**

[childrensministry@gilbertumc.org](mailto:childrensministry@gilbertumc.org)

### Part-Time Organist/Accompanist Opening First United Methodist Church of Gilbert

First Gilbert is seeking a part-time Organist/Accompanist for approximately 15 hours per week. The Organist/Accompanist will report to the Music Director, and coordinates with the Senior Pastor. Principal responsibilities include:

Plan, rehearse and perform Sunday worship music (currently 8:30 and 10:00 am)

Accompany choir rehearsals (currently Wednesdays at 7:00 pm)

Music includes preludes, postludes, hymns, offertories, communion

Accompanist to soloists and special ensembles as needed

Candidates should be an accomplished musician (organ and piano); experienced in sacred music in a traditional environment; have good sight-reading skills; be a good communicator (verbal, email, Zoom); with conduction/direction experience a plus.

To apply, please submit a resume, letter of interest and the contact information for three professional references to [secretary@gilbertumc.org](mailto:secretary@gilbertumc.org)





## What is new at FUMC of Gilbert

Preschool and Gayle Disch's family surprise her with a bench in her honor. Bench dedicated on February 1st with a prayer by Pastor Rick. The bench will now reside in the preschool patio area. Thank you Gayle for all you do and have done!



## HVAC Install we now have air in Activity Center!

And pre school watched in awe and amazement!





## Walking (Hiking) for Health

The simple activity of walking has so many powerful health benefits. Done correctly, it can be the key to losing weight, lowering blood pressure and cholesterol, and boosting your memory, as well as reducing your risk for heart disease, diabetes, cancer and more. Walking for Health, created by the experts at Harvard Medical School, takes you step-by-step from why walking may be the most perfect exercise, to how to get started on a walking program, to specific walking workouts. It even has a special section on walking for weight loss.

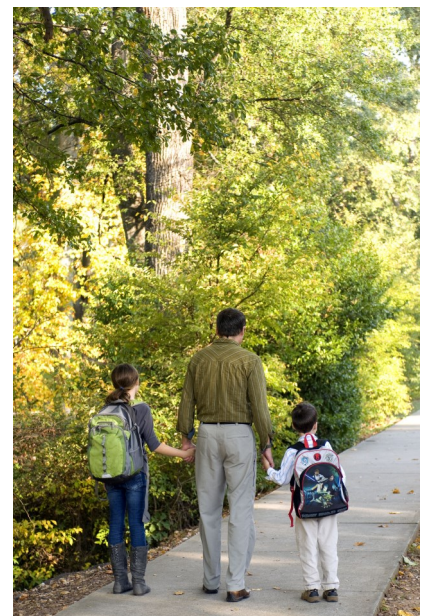
The next time you have a medical check-up, don't be surprised if your doctor hands you a prescription to walk. Yes, this simple activity that you've been doing since you were about a year old is now being touted (along with other forms of regular physical activity) as "the closest thing we have to a wonder

drug," in the words of Dr. Thomas Frieden, director of the Centers for Disease Control and Prevention. Judging from the research, it's a well-earned reputation.

Walking can have a bigger impact on disease risk and various health conditions than just about any other remedy that's readily available to you. What's more, it's free and has practically no negative side effects.

Walking for 2.5 hours a week—that's just 21 minutes a day—can cut your risk of heart disease by 30%. In addition, this do-anywhere, no-equipment-required activity has also been shown to reduce the risk of diabetes and cancer, lower blood pressure and cholesterol, and keep you mentally sharp. In fact, according to some estimates, walking regularly could save Americans over \$100 billion a year in health care costs. Even a quick one-minute jaunt pays off. A University of Utah study in 2014 found that for every minute of brisk walking that women did throughout the day, they lowered their risk of obesity by 5%. No more "I don't have time" excuses!

Start walking, and you'll be helping to make your community stronger, too. Social scientists have found that as more people take to the streets, neighborhood crime rates fall and the local economy improves. It's also a wonderful way to meet new people and connect with neighbors. Take a walk with your children after dinner. It can promote better communication, reduce behavior problems, and improve academic performance.





Walking can even help your mood. A number of studies have found that it's as effective as drugs for decreasing depression. It can help relieve everyday stresses, too. Tension starts to ease as the road stretches out in front of you. Mood-elevating endorphin levels increase. Many people find that walking helps clear the mind, too—you may even find the solution to a problem that's been bugging you.

So don't wait for your next doctor's appointment to get inspired. Put on your shoes, step out the door, and rediscover the joys of walking. Start walking, and you'll be helping to make your community stronger, too. Social scientists have found that as more people take to the streets, neighborhood crime rates fall and the local economy improves. It's also a wonderful way to meet new people and connect with neighbors. Take a walk with your children after dinner. It can promote better communication, reduce behavior problems, and improve academic performance.

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Originally printed in Harvard Health Publishing,



Preschool News  
[www.gilbertpreschool.com](http://www.gilbertpreschool.com)



FUMC of Gilbert Preschool



Gilbert preschool



@gilpreschool

**REGISTER NOW!**

We are **NOW** enrolling students for the 2022-2023 school year. Our pre-k classes are full with a waitlist started. We still have a few remaining spots in our T/TH or MWF 3's classes. Check out our website and give us a call for a tour! **Please share this information with a friend.**

### In February:

In February, the preschoolers beaded pipe cleaner hearts to deliver to someone special in the community. Our mission was to spread love and kindness. We also learned about how to keep our hearts healthy through exercise and eating healthy food. The children learned about the four different food groups in Chapel and took turns sorting pretend food into the appropriate categories.



### Outside Play:

This time of year is beautiful and so fun for outside play! Encouraging your child to spend time playing outdoors can help their motor, sensory, social and cognitive development – and is great for their general health and wellbeing.





Our garden is growing! We picked lettuce, snap peas and radishes to try at snack time with ranch dressing. The kids were very proud and excited!



### March:

March is a wonderful month full of sunshine and spring changes! After spring break we will learn all about ladybugs and release them into the garden. Then, at the end of the month each class begin to observe caterpillars as they change into butterflies.

### Spring Break:

Enjoy your Spring Break this year! There will be **no school from Monday, March 7th-Friday, March 15th. The first day back will be Wednesday, March 16th**



If you have any questions about the preschool, please email [preschool@gilbertumc.org](mailto:preschool@gilbertumc.org) or call 480-892-9166. Directors Lora Norris or Betsy Marlinga would love to speak with you!



## March 2022 Children's Ministry What's Happening?

### Preschool and Kinder



#### SERIES DESCRIPTION:

Jesus came for everyone, and everyone can be friends with Jesus. No matter where you stand—no matter what you've done, Jesus says, "Come and follow me." Choosing Jesus to be your friend will change your life

#### CORE INSIGHT:

#### FAITH

WEEK ONE: Andrew and Peter; John and James \* — Matthew 4:18-22; Luke 5:1-11

WEEK TWO: Matthew (Tax Collector) — Matthew 9:9-12

WEEK THREE: The Twelve — The Gospels

WEEK FOUR: Feeding 5,000 — Mark 6:31-44

BOTTOM LINE: EVERYONE CAN BE FRIENDS WITH JESUS.

"Come and follow me," Jesus said." Matthew 4:19, NIRV

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**Weds Wilds**  
**at 6:30pm**  
**in room 205 Kinder-6th**  
**graders. Register online**  
**On our website.**  
**We need this to be**  
**prepared for the**  
**children please.**

### 1ST-6th Graders



#### SERIES DESCRIPTION:

God created us to work together in community. When we cooperate, we reflect what Jesus envisioned for His followers. Our love for one another can point people to Him.

#### CORE INSIGHTS:

#### COMMUNITY • RESTORATION

WEEK ONE: Building the Tabernacle — Exodus 25:8-9; 28:1,3; 31:1-11; 35:21,25,34; 39:42-43

(Exodus 19, 25) BOTTOM LINE: God wants us to work together.

WEEK TWO: Joshua Wins the Battle Over the Amalekites — Exodus 17:8-13

BOTTOM LINE: Work together to help someone succeed.

WEEK THREE: Jesus Heals a Man Who Could Not Walk / Four Friends — Luke 5:17-26

BOTTOM LINE: Work together to help someone in need.

WEEK FOUR: Early Church Works

Together/Believers Share Their Lives Together — Acts 2:42-47 BOTTOM LINE: Make a habit of working together.

"Two people are better than one. They can help each other in everything they do." Ecclesiastes 4:9, NIRV

**Mission: Easter basket items plastic eggs, Easter grass, non candy items**



Jr. High Sunday School  
Room #200 with Ron  
During the 10am Service  
Sr High Sunday school in  
Sr high room #201-202 with Ms. Cindie



Youth Group - Minute to Win It Games  
Sunday, March 6th, Time TBD

Meet at church for a fun afternoon of silly but  
challenging games! Let us know your coming by signing  
up [Here](#)



Youth Group- Pancake Golf and Pancakes  
Sunday March 20th  
11:30am-1:30pm  
Sign up [Here](#)

### SAVE THE DATE MORE UPCOMMING YOUTH EVENTS

(Activities are tentative and times TBD- keep watching Youth News for details)

**Feb-April 2022- Confirmation classes TBD**

March 13th and 20th (tentative)- Stock Sales/Fundraiser for SSP

March 6th- Youth Group- Minute to Win It- Afternoon/Evening

March 20th- Youth Group- Pancake Golf and Brunch- 11am

April 1-2, 2022- Confirmation Retreat \*Tentative\*

April 10th- Youth Group/Activity TBD

April 24th- Youth Group/Activity TBD

May 1st- Youth Group/Activity TBD

May 15th- Youth Group/Activity TBD

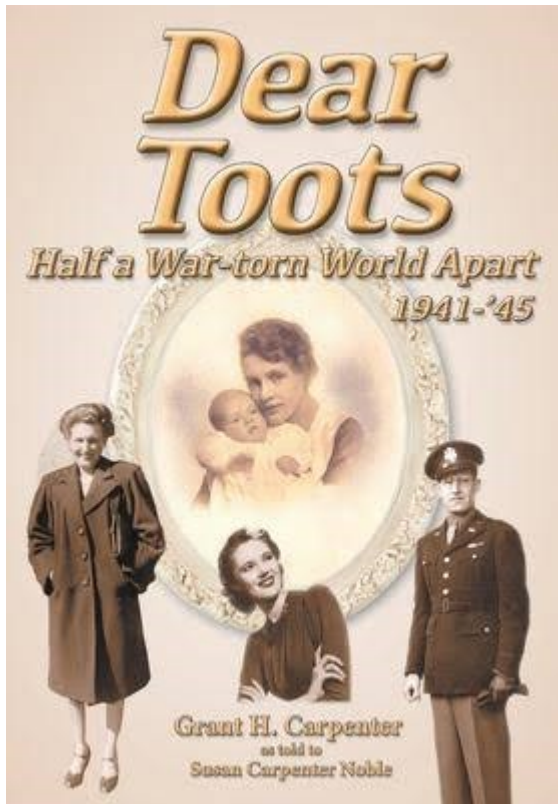
June-July 2022, Mingus Mountain Summer Camps, multiple weeks available (click [here](#) for  
dates and details)

July 8-17th, 2022- SSP, Summer Mission Trip \*Tentative\*

Follow us on Instagram@fumcyouth



The whole leadership team and youth leaders are keeping you and your family in our prayers each week.  
Please reach out if you need anything youthministry@gilbertumc.org !



### The Book Corner

March's book is Dear Toots  
by Susan Carpenter Noble

will be leading the  
review of this  
historical fiction book which was  
published in 2021

The Book Club will meet  
February 17th at 11:30 in  
Room 130 and on zoom.

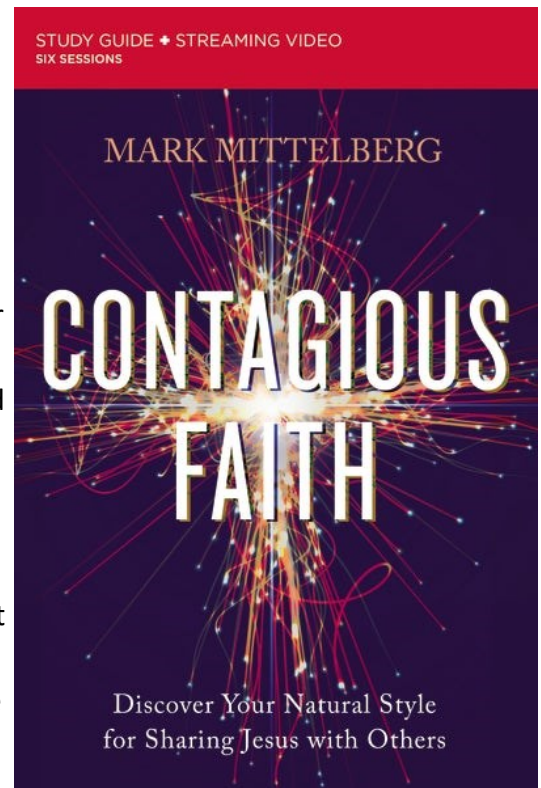
### Tuesday Morning Bible Study

Our next book Contagious Faith by Mark Mittelberg starting March.22 at 9:30-11:15 (9:15 social time, prayers and praises ) Same format as before (in person only) no masks required (but highly recommended) with large group video then small group discussion. Please let me know if you want the book (so we can order enough) and if you need nursery care (so I can let those that arrange that, know.) Please share with friends/neighbors that might be interested in joining our multi denominational Christian group.

In this new video-based training course, bestselling author and teacher Mark Mittelberg introduces you to the five Contagious Faith Styles—Friendship-Building, Selfless-Serving, Story-Sharing, Reason-Giving, and Truth-Telling—and helps you discover which of these approaches (or combination of them) will enable you to naturally share your faith in Jesus with the people around you.

The Contagious Faith assessment will help you identify your primary style, along with any secondary styles you discover. It will give you next steps for developing and deploying your natural approach in order to reach others for Christ. It will also emphasize the importance of all the skill set areas discussed in the Contagious Faith book, and wherever natural it will prompt them to try out the skills discussed on the video with someone else in the group. In this way their effectiveness and confidence will grow—and with it, their potential for bearing spiritual fruit by impacting the lives of others.

Contact Sonja Ruhland at  
[Sonja.ruhland@gmail.com](mailto:Sonja.ruhland@gmail.com)





Mark your calendar for these other upcoming events:  
( all small groups are contingent on Bishop Bob and the CDC recommendations.)

- In person is unlimited now. Masks will be worn, by the unvaccinated. Please be respectful and reverent in the sanctuary.
- Chat and Chew meets every Wednesday at 12:00 in Room 136 Bring your own lunch and join us for fellowship.
- March 2nd is Ash Wednesday and the beginning of Lent Ash Wednesday service will be held at 6:30 pm.
- March 3rd at 9:30 am Christian Women's Fellowship meets in Room 130.
- **Preschool is on Spring break March 7-15**
- The Tuesday Morning Bible Study will not meet on the 8th or the 15th. And will begin a new book Contagious Faith by Mark Mittleburg on March 22
- Celebrating completion of the Bible class for third graders will be presented with their Bibles on March 13.
- Book Club Meets March 17 ant 11:30 am in Room 130 March's book is Dear Toots by Susan Carpenter Noble.
- Palm Sunday April 10 will start our Holy Week Services
- We will be collecting gently used purses and personal hygiene items to put in the purses for Mothers day. More details later.....
- Save the date VBS Make Waves is June 6th-10th 2022 and registration opens March 1st!





### Prayers for those in need

During this time of uncertainty we will be praying for those in need so please either call or email prayer requests and we will send them out to our dedicated prayer team. The office number is 480-892-9166 or the email [prayers@gilbertumc.org](mailto:prayers@gilbertumc.org). If it is pastors only request please mark pastors only and it will given to the pastors.

And we will be praying for all the concerns and praises.

Your  
Prayer Team



### Looking for Gently Used Laptops & Computers

Have you bought a new computer, tablet, or laptop recently? If so, you may have your “old” equipment laying around and taking up space. Donate them to Church’s IT program and help us refresh some of the computer equipment around the church

campus.

Concerned about your data? We will securely wipe your computer before using it, or give you a CD that you can use to wipe it yourself. Drop off computers and laptops at the Church Office.

Questions? Contact Philip Tesarek at [ITSupport@gilbertumc.org](mailto:ITSupport@gilbertumc.org) or (480) 510-4588. Thank you



**Congregational Care Support Groups**  
For more information about groups and other support available, please contact Pastor Diamond at [pastordiamond@gilbertumc.org](mailto:pastordiamond@gilbertumc.org) or 480-892-9166

**Grief Share Support Group will be In person  
at Sunrise Assisted Living Center  
All Are Welcome  
580 S Gilbert Rd, Gilbert, AZ 85296**

For those grieving the loss of someone close to them.  
This support group. Led by Kay Pealstrom [kpealstrom@aol.com](mailto:kpealstrom@aol.com) is meeting on Saturdays from 9am-10:30am

Masks Required Workbook and class materials required




*Living Hope*

### **Living Hope Support Group**

A group for those experiencing trauma or dealing with PTSD (post traumatic stress disorder). This group meets on Wednesday evenings from 6:30-8:30pm. (Small groups are contingent on the CDC guidelines)

### **Text-to-Give**

- † Text 480-712-1057
- † Enter amount with \$ sign  
for example: 

For first usage only:

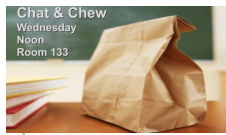
- † Register with link provided
- † Click "Process"





# March Calendar of Events 2022

(All studies and small groups are contingent on Bishop Bob and the CDC recommendations.)



Sun

Mon

Tue

Wed

Thu

Fri

Sat

6 Communion Sunday



13 Daylight saving time begins 3-4th grade Bibles



20 first day of Spring



27

7

14

21

28

1 Tues Morning Bible 9:15



8 Tues Morning Bible 9:15 off



15 Tues Morning Bible 9:15 off



22 Tues Morn. Bible 9:15



29 Tues Morning Bible 9:15



2 Ash Wednesday



9 Chat N Chew Noon Wednesday Zoom Night Bible study 6:30

16 Chat N Chew Noon Wednesday Night Bible study 6:30

23 Chat N Chew Noon Wednesday Night Bible study 6:30

30 Chat N Chew Noon Wednesday Night Bible study 6:30

Chat & Chew Wednesday Noon Room 133



3 Christian Women's Fellowship 9:30



10 Shawl Ministry 1:00



17 Book Club 11:00



Saint Patrick's Day



24

31

4

11

18

25

5

12

19 Mens Breakfast 8-9:30



26



# April Calendar of Events 2022

(All studies and small groups are contingent on Bishop Bob and the CDC recommendations.)

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>3 Communion Sunday</p> 		<p>Chat &amp; Chew Wednesday Noon Room 133</p> 				
<p>4</p>		<p>5 Tues Morning Bible 9:15</p> 	<p>6 Chat N Chew Noon Wednesday Night Bible study 6:30</p>	<p>7 Christian Women's Fellowship 9:30</p> 	<p>1</p>	<p>2 grief share Every Saturday 9:00-10:30</p> 
<p>10 Palm Sunday</p> 	<p>11</p>	<p>12 Tuesday morning Bible study 9:15</p> 	<p>13 Chat N Chew Noon Wednesday Night Bible study 6:30</p>	<p>14 Shawl Ministry 1:00 Maundy Thursday</p> 	<p>15 Good Friday service 6:30</p> 	<p>16 Men's Breakfast 8-9:30</p> 
<p>17 Easter</p> 	<p>18 <b>Church office will be closed in observance of Easter</b></p>	<p>19 Tuesday morning Bible study 9:15</p> 	<p>20 Chat N Chew Noon Wednesday Night Bible study 6:30</p>	<p>21 Book Club 11:00</p> 	<p>22</p>	<p>23</p>
<p>24</p>	<p>25</p>	<p>26 Tues Morning Bible 9:15</p> 	<p>27 Chat N Chew Noon Wednesday Night Bible study 6:30</p> 	<p>28</p>	<p>29</p>	<p>30</p>

**March Birthdays**



Larry Randolph	1
Julie Curran	2
Kathy Snyder	3
Hailey Houseman	4
Lucy Daniels	7
Katelyn Johns	8
Jim Eggen	10
Magaly Kon	11
Nate Pearce	12
Gavin Rempel	12
Ainsley Snyder	12
Lynn Carroll	14
Nina Chiricuzio	15
Brandie Vallera	16
Alexandria Bose	18
Carolyn Skinner	18
Trevor Snyder	18
Margie Zeilstra	18
Mollie Belcher	19
Seth Daugherty	19
Philip Tesarek	23
Makenna Arbogast	25
Adam Butler	26



Bob Chuk	26
Kevin Becker	27
Hudson Johnson	28
Justin Diaz	29



**March Anniversaries**

Date	Sweet Couple	Years Married
11	Miriam and Stan Gill	33
16	Stacy and Chris Cantwell	10
21	Pam and Mark Turner	36
23	Taleen and Keith Carpenter	26
28	Veronica and George Dailey	27

